

Sports Kit for Government Schools.

ANNEXURE 1

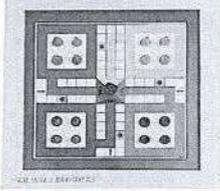
1.1 Technical Specification of Sports Kit for Primary Schools (Total Schools- 40270)

Sl.	Item	Specifications	Image	Qty per School
1	Football 3 No Rubber Synthetic	Size: 3 (Junior), Material: Synthetic Waterproof stitched Bladder : Rubber Numbers of Panels: 32 Surface: Smooth, Circumference: 58 to 60 cm, Weight with air: 300 to 320 grams		4
2	Plastic Bat 2 No.	Material: Plastic, Size: Length: 26" & Width: 3" - 4", Weight: 275-350 Grams, Material of Handle: Hard Plastic with Grip Rubber, Shape of Handle: Round		4
3	Plastic Stumps (Set of 6) with bails and base	Material: Plastic Length- 26 Inches, Width of base - 10 Inches and above Total Weight 320 -350 Gram Each stump weight 80 - 100 Grams and bails weight 5 Grams each		4
4	Plastic Ball	Material: Plastic Weight: 20-30 Grams		8
5	Hurdles 6 inches	Material: PVC Height (inch) : 6 inch or higher Bottom : 6 inch or higher Width : 17 inches or higher Thickness : 20 mm Weight : 160 to 200 Grams		8

VS

h

Sports Kit for Government Schools.

6	Ludo	Material: Wooden Board with 2 set coin/Goti & Dice. Ludo Size: 12 Inches X 12 Inches, weight of goti is 1 to 2 gms per piece, Dice size 10-14 mm, Total Weight - 500 Grams or above		2
7	Carrom Board	Material: Wooden, Size: 21 Inches X 21 Inches, Carrom coin/goti: 2 set wooden coin/goti of Black and white colour with one red colour (Queen). Striker: 1pc in other different colour Carrom coin/goti weight: 100 gram or above, Total Weight – 1.5 to 2 Kgs and above		2
8	Skipping Rope	Material: Rubber rope with Wooden/Plastic Handle. Length- 9ft. Weight- 160 Gram or above		10
9	Marking Cones 6 inches	Material- LDPE Length- 6 Inches, Base Dia: 100 - 115mm Weight 30 Grams or above		8
10	Marking Cones 9 inches	Material- LDPE Length- 9 Inches, Base Dia: 138 - 155 mm Weight - 70 Grams or above		8
11	Marking Cones 12 inches	Material- LDPE Length- 12 Inches, Base Dia: 165 - 177 mm Weight - 110 Gram or above		8
12	Flying Disc/Frisbee	Material: Plastic, Dia: 8 Inches, Weight: 60 - 85 Gram		4

W

W

Sports Kit for Government Schools.

13	Tennikoit	Material: Rubber, Size: 6 inches, Weight: 220-250 Gram		4
14	Soccer Cone	Material: Plastic Size: 2 inch height, 7 inches Dia Weight: 20-30 Gram		20
15	Kit Bag	Material: PVC coated fabric with cardboard bottom. Comes with heavy duty zipper and shoulder strap. Approximate Size- Length 2 Ft., Width 1 Ft., Depth 1ft., Weight 1 kg or above.		2

1.2 Technical Specification of Sports Kit for Elementary Schools (Total Schools - 28293)

Sl	Item	Specs	Image	Qty per School
1	Football 4 No.	Size: 4, Material: Synthetic Waterproof stitched Bladder: Rubber Numbers of Panels: 32 Surface: Smooth Circumference: 60 to 65 cm, Weight with air: 350 to 370 grams		2
2	Volleyball	Material-PU/Rubber Circumference: 65~67cm Diameter: 20.5~21.5 cm Construction- Pasted Panels-18 Panel Moulded Colour: yellow and blue or multi-coloured Weight: 260~280 grams Winding-Nylon Water Proof Bladder - Rubber		2
3	Wooden Stump (Set of 6) with bails (4 No.)	Material: Wooden, Size: Above ground 28-30 Inches; Below ground 4 inches, Dia: 1.2 - 1.5 inches, Weight of stump: 300 gm - 500 Gram or above Weight of Bail: 15 - 25 Gram or above		4

Handwritten mark

Handwritten mark

Sports Kit for Government Schools.

4	Wooden Bat 4 No.	Material of Blade: wooden, Sizes: 4, Length 31 inches x Width 3.8 inches, Material of Handle: Wood, Mass of Cricket Bat: 800 - 900 Grams Rubber Grip : Rubber Shape of Handle: Round		2
5	Wooden Bat 6 No.	Material of Blade : wooden, Sizes: 6, Length 806 mm x Width 102 mm or above, Material of Handle : Wood Mass of Cricket Bat: 1050- 1200 grams Rubber Grip : Rubber Shape of Handle : Round		2
6	Tennis Ball	Material- Rubber Item Weight - 90 Grams or above Dia: 65 mm \pm 2 mm Ball must be wrapped with coloured felt cloth/fabric.		10
7	Badminton Racket	Frame: Aluminum Alloy, Stem: Steel, Eyelets : Nylon or Polypropylene. Mass of badminton without gut: 85 to 105 gm, Coating: Aluminum alloy frame shall be anodized. Utility: Training, Handle: Wood, String Material: High Quality Nylon, String Construction: Multifilament, String Warp: Double Warp, No. of holes on racket: 74 or above.		8
8	Shuttle Cock Box	Material- Light Cork & Plastic, Head Diameter: 25-28 mm, Overall length: 80-90 mm, Skirt Dia: 58-68 mm, Weight of each cock is 1.5 Gram or Above, 6 pieces cock per box.		4

Handwritten signature

Handwritten mark

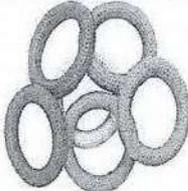
Sports Kit for Government Schools.

9	Skipping Rope	Material: Rubber with Wooden/Plastic Handle. Length- 9ft, Weight- 160 Gram or above		10
10	Relay Baton	Material- Plastic, Length - 290 mm Dia- 40 mm Weight of each Baton - 45 Grams or above		2
11	Wooden Chess 16"	Material: Wooden 18 mm thick premium quality particle board. Size- 16 inch X 16 Inch, Weight- 1.50 Kg or above Chessmen- 2 set LDPE, Chessmen Weight- 350 Gram or above each set		2
12	Carrom Board	Material- Wooden, Size: 26 inches X 26 Inches, Carrom coin/goti: 2 set wooden coin/goti of Black and white colour with one red colour (Queen) Striker: 1pc in other different colour Carrom Coin/goti Weight - 100 Gram and above Total Weight- 2-3 Kgs or above		2
13	Hurdle's 9 Inches	Material : PVC Height (inch) : 9 inch Bottom : 8 inch Width : 18 inches Thickness : 20 mm Weight : 220 to 280 Grams		8
14	Marking Cones 6 inches	Material- LDPE Length- 6 Inches, Base Dia: 100- 115 mm Weight: 30 Grams or above		8
15	Marking Cones 9 inches	Material- LDPE Length- 9 Inches, Base Dia- 138 - 155 mm Weight - 70 Grams or above		8

LS

M

Sports Kit for Government Schools.

16	Marking Cones 12 inches	Material- LDPE Length- 12 Inches, Base Dia- 165- 177 mm Weight - 110 Gram or above		8
17	Soccer Cone	Material- LDPE, height: 2 inch, Dia: 7 inches, Weight: 20-30 Gram		20
18	Frisbee	Material - LDPE/PP Dia: 10.5 inch, Weight 120 Gram		4
19	Tennikoit	Material: Rubber, Height: 6 inches, Weight 220-250 Gram,		4
20	Kit Bag	Material: PVC coated fabric with cardboard bottom. Comes with heavy duty zipper and shoulder strap. Approximate Size- Length 2 Ft., Width 1.5 Ft., Depth 1.5 ft. Weight 2 Kg or above		2

1.3 Technical Specification of Sports Kit for Secondary/ Senior Secondary Schools (Total Schools - 9293)

Sl.	Item	Specs	Image	Qty per School
1	Football No 5	Material- Synthetic Waterproof stitched Leather Size: 5, Bladder: Rubber Numbers of Panels: 32 Surface: Smooth Dia - 21.5 Cm - 22.5 Cm, Weight with air: 400 - 450 Grams		6

[Handwritten signature]

[Handwritten signature]

Sports Kit for Government Schools.

2	Volley ball No. 4	Material: PU/Rubber, Circumference: 65 - 67 Cm, Diameter: 20.5 - 21.5 cm, Construction: Pasted, Panels: 18 Panel Moulded, Colour: Yellow and blue or multi- coloured Weight with air: 260 - 280 gm, Winding: Nylon Winding Water Proof		4
3	Throw ball No. 5	Material: Synthetic, Panels: 18 Moulded, Circumference: 68 - 70 cm, Construction: Stitched, Recommended for-Match, , Weight with air: 410 - 450 grams.		4
4	Foot pump	Material- Metal, Plastic/Rubber padded Foot operated. Weight – 220 gm or above PSI - 30 or above.		1
5	Cricket Bat Full Size	Material of Blade: Wooden, Sizes: 851 mm x 108 mm or above, Material of Handle : Wood Mass of Cricket Bat: 1125 - 1200 grams Rubber Grip : Rubber Shape of Handle : Round		2
6	Cricket Bat No. 6	Material of Blade : Wooden. Sizes: 785 mm x 95 mm or above, Material of Handle : Wood Mass of Cricket Bat: 1050 - 1200 grams Rubber Grip : Rubber Shape of Handle : Round		2
7	Tennis ball	Material: Rubber, Ball must be wrapped with coloured felt cloth/fabric. Ball Weight 120gm ±10 gms Diameter 65 mm ± 2 mm		20
8	Wooden Stump (Set of 6) with bails (4 No.)	Material: Wooden, Size: Above ground 28-30 Inches; Below ground 4 inches, Dia: 1.2 - 1.5 inches, Weight of stump: 300 gm - 500 Gram or above Weight of Bail: 15 - 25 Gram or		4

Handwritten signature

Handwritten signature

Sports Kit for Government Schools.

		above		
9	Badminton Racket	Frame: Aluminum Alloy, Stem : Steel, Eyelets: Nylon or Polypropylene. Mass of badminton: 95 to 105 gm, Length - 673 mm X Width - 190 mm, Coating: Aluminum alloy frame shall be anodized. Utility: Training, Handle: Wood, Frame is String: Yes, String Material: High Quality Nylon String, Construction: Multifilament String Warp: Double Warp No. of holes on racket: 74 or above.		8
10	Shuttle Cock Box	Material- Light Cork & Plastic, Head Diameter: 25 - 28 mm Overall length 80-90 mm, Feather Dia 58-68 mm Weight of each cock is 1.5 Gram or Above 6 cock per box.		16
11	Marking Cones 6 inches	Material- LDPE Length- 6 Inches, Base Dia- 100- 115 mm Weight 30 Grams or above		8
12	Marking Cones 9 inches	Material- LDPE Length- 9 Inches, Base Dia- 138 - 155 mm Weight - 70 Grams or above		8
13	Marking Cones 12 inches	Material- LDPE, Length- 12 Inches, Base Dia- 165- 177 mm, Weight - 110 Gram or above		8
14	Hurdels 12 Inches	Material : PVC, Height (inch) :12 inch, Bottom : 8.5 inch, Width : 18 inches, Thickness : 20 mm, Weight : 250 Grams or above		8

Handwritten signature

Handwritten signature

Sports Kit for Government Schools.

15	Wooden Chess 16"	Made of 18 mm thick premium quality particle board. Size- 16inch X 16 Inch, Chess Board Material- Wooden Weight- 1.50 Kg or above Chessmen- LDPE, Weight- 350 Gram or above		2
16	Frisbee/Flying Disk	Material - LDPE/PP, Dia 10.5 inch, Weight 120 Gram		10
17	Skipping Rope	Material: Rubber Rope with Wooden/Plastic Handle. Length- 9ft, Weight- 160 Gram or above		10
18	Stop Watch	Digital		4
19	Volley Ball Net	Head Band- PVC Net Material- Nylon Weight : 1.5 Kg above		2
20	Relay Baton set of 6 Pcs	Material- Plastic, Length - 290mm, Dia- 40 mm, Weight of each Baton - 45 Grams or above		2
21	Carron Board	Material- Wooden, Size: 34 inches X 34 Inches, Carron coin/goti: 2 set wooden coin/goti of Black and white colour with one red colour (Queen) Striker: 1pc in other different colour Carron Coin/goti Weight - 130 Gram and above Total Weight- 4-5 Kgs or above		2

V2

h

Sports Kit for Government Schools.

22	Soccer Cone	Material: Plastic, Height 2 inch, Dia: 7 inches, Weight -20 Gram or above		20
23	Tennikoit	Material: Rubber, Size: 6 inches, Weight 220 – 250 Gram		4
24	Kit Bag	Material: PVC coated fabric with cardboard bottom. Comes with heavy duty zipper and shoulder strap. Approximate Size- Length 3 Ft., Width 2 Ft., Depth 1.5 ft. Weight 2.5 Kg or above		2

1.4 Videos on Sports Education

Videos are to be provided on the topics below. Videos are to be given on QR code handout with QR Codes where the videos can be accessed easily. Videos shall be using combination of both Hindi and English.

S. No	Video's Topic
1	खेल शिक्षा का महत्व
2	बिना उपकरण के खेले जाने वाले खेल- खो खो, कबड्डी, कुश्ती
3	क्रिकेट की खोज किसने की ?
4	अनुलोम और विलोम के लाभ
5	शतरंज के दिग्गज खिलाड़ी - चेक मैट शतरंज का संक्षिप्त इतिहास,
6	एरोबिक्स फायदे - एरोबिक्स करने के तरीके
7	ओलंपिक फुटबॉल का इतिहास / नियम
8	हँसी योग कसरत- हँसे और सेहत बनाए
9	जंपिंग अभ्यास
10	हूला हूप अभ्यास
11	दौड़ने और चलने के फायदे
12	वॉलीबॉल में तीन बुनियादी कौशल
13	स्ट्रेचिंग करने के फायदे
14	भारत के राष्ट्रीय खेल
15	स्किपिंग के फायदे

1.5 Integrated Sports Monitoring & Learning Software (ISMLS)

1.5.1 Objective

To equip government schools with a simple digital platform that supports physical education by providing:

✓

✓